

# Inside Look

## **Celebrating the 33rd Anniversary of the American Disabilities Act**

This year the Disability Community will celebrate the 33rd Anniversary of the Americans with Disabilities Act (ADA) that was signed into law on July 26, 1990, by President George H. W. Bush. Deeply influenced by the civil rights movement, and other political and social movements that flourished in the late 1960s and early 1970s, individuals with disabilities came together to form community-based groups to address problems, identify barriers, and develop action plans to educate their communities and influence policy makers on local, state, and national levels.



These efforts brought about landmark legislation with the passage of Section 504 of the 1973 Rehabilitation Act, which banned discrimination based on disability by recipients of federal funds.

The Americans with Disabilities Act addressed important areas of life not covered by Section 504. The ADA is a detailed civil rights law established to protect people with disabilities from discrimination in employment, state and local government, public accommodations, commercial facilities, transportation, and telecommunications. The passage of the ADA was a tremendous milestone to help ensure that people with disabilities have the same rights and opportunities as everyone else. And while its passing has not fully eliminated discrimination against people with disabilities, it has addressed some barriers and changed our society in numerous ways enhancing the independence, participation, and inclusion of people with disabilities.

**Here are a few ways the ADA has improved the quality of life for people with disabilities:**

- Sidewalks have curb cuts
- Buses, trains and other modes of public transportation are more accessible to individuals who use wheelchairs or have hearing or visual impairments
- More buildings are designed with ramps or no step entrances
- Closed Captioning is now widely available in television and movies
- Increased access to educational and employment opportunities

Because of the ADA's broad mandates, people with disabilities enjoy increased opportunities to live, work, and play in their communities. But, there is still much to do as equity and inclusion are still out of reach for many Americans with disabilities. The anniversary of the ADA is a time that we can reflect positively on a law that has made a great impact on the lives of people with disabilities over the past 33 years.

**How do you intend to celebrate the ADA?**

## Free and Inexpensive Things To Do This Summer:

### Essex County Free Summer Music Concert Series

- LA CARIBENA ORQUESTRA Thursday, July 6 • Riverbank Park, Newark
- EPIC SOUL Tuesday, July 11 • Watsessing Park, Bloomfield
- CASPLASH Wednesday, July 12 • Ivy Hill Park, Newark
- SMOOTH Tuesday, July 18 • Vailsburg Park, Newark
- AFRI-CARIB Wednesday, July 19 • Riverfront Park, Newark
- STAN ZIZKA'S DEL-SATINS Tuesday, July 25 • Cedar Grove Park, Cedar Grove
- HERE'S ELTON Wednesday, July 26 • Grover Cleveland Park, Caldwell
- NEW POWER SOUL Wednesday, August 2 • Belleville Park, Belleville



### Clifton City Green Farm Festival

Thursday, July 20, 2023 starts 6:00 pm  
171 Grove Street, Clifton, NJ 07013  
973-869-4086

Come to City Green Farm Eco-Center in Clifton for a free fun evening, with live music, lawn games, free kid's activities, and BYO picnic. On the farm, check out the beautiful learning garden, and visit the animals.

### Outdoor Movies

Many towns in New Jersey sponsor outdoor movies during the summer time. Check your town website for details. The following are schedules of a few outdoor movies in the area.

Bring a chair or blanket to Van Saun County Park in Paramus, New Jersey so you can get comfortable while you watch these free movies beginning at sunset, approximately 8:30 pm.

- July 15: Lady and the Tramp
- July 22: The Jungle Book
- July 29: Willy Wonka and the Chocolate Factory
- Aug. 5: The Goonies

South Orange's Moonlit Movies are held at Floods Hill in Meadowland Park. Films are screened on Wednesdays in August at 8 p.m. Movie titles to be announced.

These Passaic County Park movies will begin shortly after the sun sets at approximately 8:45 PM. Feel free to bring your own blankets, chairs, snacks, and drinks!

Free for the whole family!

- Friday, June 30th: Buzz Lightyear @ Goffle Brook Park - Hawthorne, NJ
- Friday, July 7th: Sonic the Hedgehog 2 @ Camp Hope - West Milford, NJ
- Saturday, July 29th: Encanto Sing-Along @ Weasel Brook Park - Clifton, NJ

## New Jersey Beaches Accessible, but not Free

### Asbury Park

- Accessible Beach Access Points: 2 Access points
- Beach Wheelchairs: (free)
- Surf Wheelchairs: (free)
- How to reserve: Reserve online or upon arrival. .
- ♦ Accessible Restrooms



### Cape May

- Accessible Beach Access Points: 13 Access points:
- Beach Wheelchairs (free)
- Surf Wheelchairs (free)
- How to reserve: first-come-first-serve basis
- Accessible Restrooms

\*Vehicles displaying an appropriate handicap placard are exempt from paying parking meter fees throughout the city of Cape May.

### Wildwood

- Accessible Beach Access Points: Access ramps via boardwalk
- Beach Wheelchairs (free)
- Surf Wheelchairs (free)
- How to reserve: Reservations are strongly encouraged (609-522-8258)
- Accessible Restrooms





# Mama Mia The DIAL Recreation Program is Back in Person!

DIAL—Center for Independent Living is proud to announce that our Recreation Program is back meeting in person. The Program kicked off by having a field trip to Uno Chicago Pizzeria and Grill on May 25, 2023. Consumers were able to create their own personal pizzas as well as their own sundaes. Consumers had a great time seeing each other for the first time and meeting a new consumer who joined the Recreation Program during COVID.



If you are interested in joining the DIAL Recreation Program and live in Passaic County contact Susan Kramer, Recreation Program Coordinator at 973-470-8090 ext 306.

## DIAL PROGRAMS

### DIAL—Center for Independent Living “In-Person”



**Monthly Independent Living Skills Meeting**  
July 25th, 2023  
Time: 6:030pm—8:30pm  
Clifton Senior Barn  
900 Clifton Ave.  
Clifton, New Jersey 07013

**Passaic County Peer Support Group**  
August 3rd, 2023  
Time: 6:00pm—7:30pm  
Clifton Main Library  
292 Piaget Ave.  
Clifton, New Jersey

**Essex County Peer Support Group**  
August 8th, 2023  
Time: 6:00pm—7:30pm  
Remote

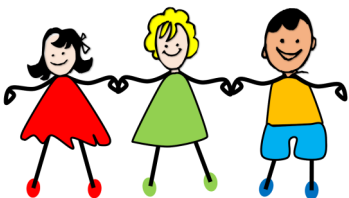


## DIAL

### Center for Independent Living

2 Prospect Village Plaza  
Floor 1  
Clifton, New Jersey 07013

(973) 470-8090—Phone  
(973) 556-0226—Video  
Phone  
(973) 470-2521—TTY



**\*For all consumers, any transportation cancellations by notifying DIAL Office 3 days before the date of the event.**